

Sporthalle / Turnhalle**Sommer 2020 (Juni/Corona)**

Wann	Wo	Was	Wer
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Wann	Wo	Was	Wer
Montag:			
16:00 - 17:15	Sporthalle		
17:15 - 18:45	Sporthalle		
18:15 - 19:15	Sporthalle	Rückengymnastik	Jörg Mees
19:30/19:45- 20:30/20:45	Sporthalle 1/2 /// Turnhalle	Zumba	Anita Smith-Sievers
20:15 - 22:00	Sporthalle 1/2	Tischtennis	Gerda Marquardt
Dienstag:			
14:30 - 16:30	Sporthalle		
17:00 - 18:30	Sporthalle	Karate	Axel Behrendt
18:30 - 20:00	Sporthalle		
20:00 - 22:00	Sporthalle		
Mittwoch:			
15:30 - 17:00	Sporthalle		
17:30 - 18:30	Sporthalle	Senioren-sport	Jörg Mees
18:45 - 19:45	Sporthalle	Pilates	Anne Grete Hilgendorff
20:00 - 21:00	Turnhalle	Step - Aerobic	Martina Scheuerer
Donnerstag:			
16:00 - 17:15	Sporthalle		
17:00 - 18:30	Sporthalle	Karate	Axel Behrendt
18:45 - 19:45	Sporthalle	Fitnessgymnastik	Martina Scheuerer
20:00 - 22:00	Galerie	Darts	Klaus Mönnich
20:00 - 22:00	Sporthalle		
Freitag:			
15:00 - 17:00	Turnhalle	Badminton	Britta Lamp
17:15 - 18:15	Turnhalle	Zumba für Kids und Teenies	Anita Smith-Sievers
18:00 - 19:00	Sporthalle	Pilates	Anne Grete Hilgendorff
20:00 - 22:00	Sporthalle		
Samstag:			
09:00 - 13:00	Sporthalle		
13:00 - 20:00	Sporthalle		
Sonntag:			
19:00 - 20:30	Sporthalle		